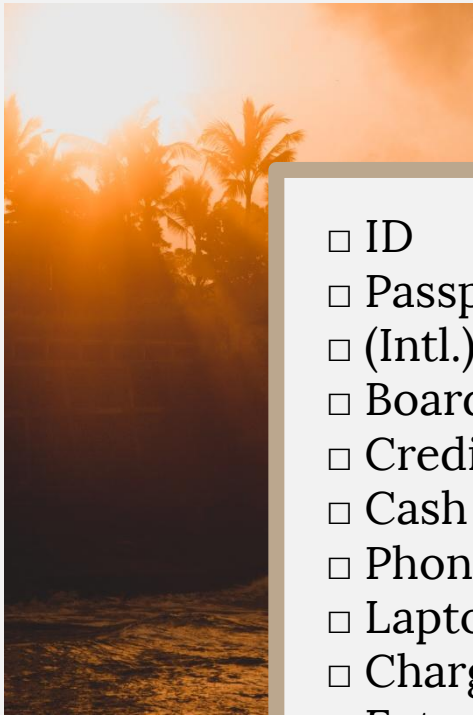


TROPICAL PACKING LIST

Whether you just want to hang by the beaches, get active in the ocean or hike around tropical forests, This list tailored to wanderlusting power women will cover your travel essentials. One thing less to worry about – more time to get excited!



CARRY ON ITEMS

- ID
- Passport
- (Intl.) driver's license
- Boarding pass
- Credit card
- Cash
- Phone
- Laptop
- Charging cables
- External battery
- Camera + batteries
- Portable WiFi
- Sleeping mask
- Earplugs
- Headphones
- Sanitiser
- Valuables
- RFID wallet
- Travel insurance
- Hotel info
- Book/iPad/etc
- Tissues

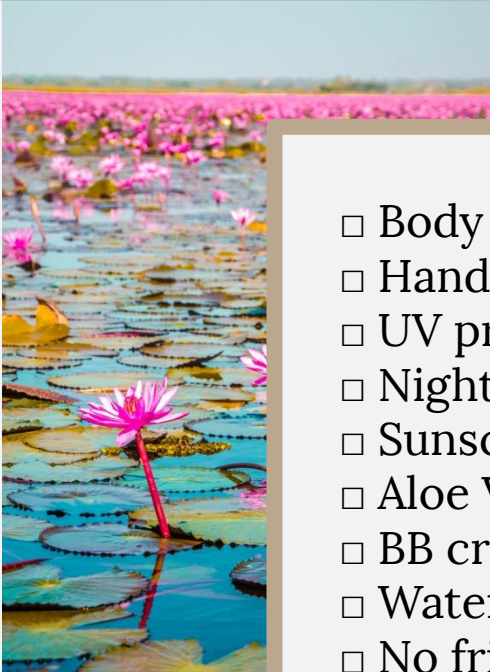
BEACH DAY

- Towel
- Dry swimwear
- Sunscreen
- Sunglasses
- Sunhat
- After sun
- Tanning lotion
- UV protect lip balm
- Flip flops
- Tote
- Water bottle
- Wetsuit
- Coverup
- Non-rusting jewellery

MORE TIPS

- ❑ Outdoor socks
- ❑ 3-5 loose shirts
- ❑ 1-2 shorts
- ❑ Breathable walking shoes
- ❑ Breathable underwear
- ❑ 1 long, loose pants
- ❑ Insect repellent
- ❑ Poncho
- ❑ Light rain jacket
- ❑ Light headscarf/cap
- ❑ Water bottle with filter
- ❑ Snacks
- ❑ First aid kit

HIKING



BEAUTY REGIMEN

- | | |
|-------------------------|-----------------------|
| ❑ Body lotion | ❑ Hair oil |
| ❑ Hand/feet lotion | ❑ Nail file |
| ❑ UV protect day cream | ❑ Foot file |
| ❑ Night facial cream | ❑ Toothpaste |
| ❑ Sunscreen | ❑ Toothbrush |
| ❑ Aloe Vera/ after sun | ❑ Nail polish |
| ❑ BB cream | ❑ Nail polish remover |
| ❑ Waterproof mascara | ❑ Period products |
| ❑ No frizz shampoo | ❑ Makeup |
| ❑ Hydrating conditioner | |
| ❑ Shaving products | |



DAY WEAR

- 3-4 dresses
- 1-2 Sandals
- 1x heels /espadrilles/wedges
- 1-2 rompers
- Sarong
- (Non rusting) accessories

SPORTS WEAR

- Leggings
- Top
- Travel mat
- Indoor shoes
- Quick dry towel

OTHER

- Light cardigan
- Cosy travel shawl
- 7-9 panties
- 2 bras & pyjamas

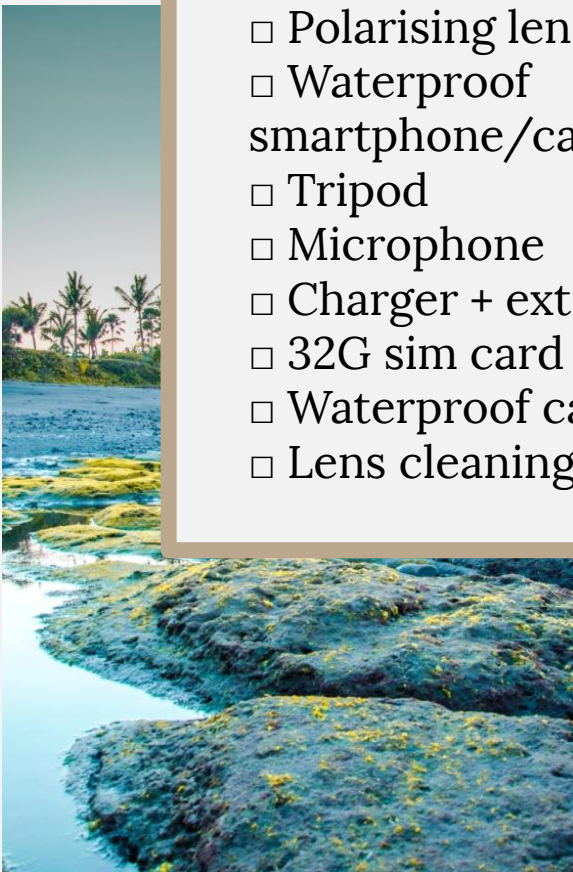
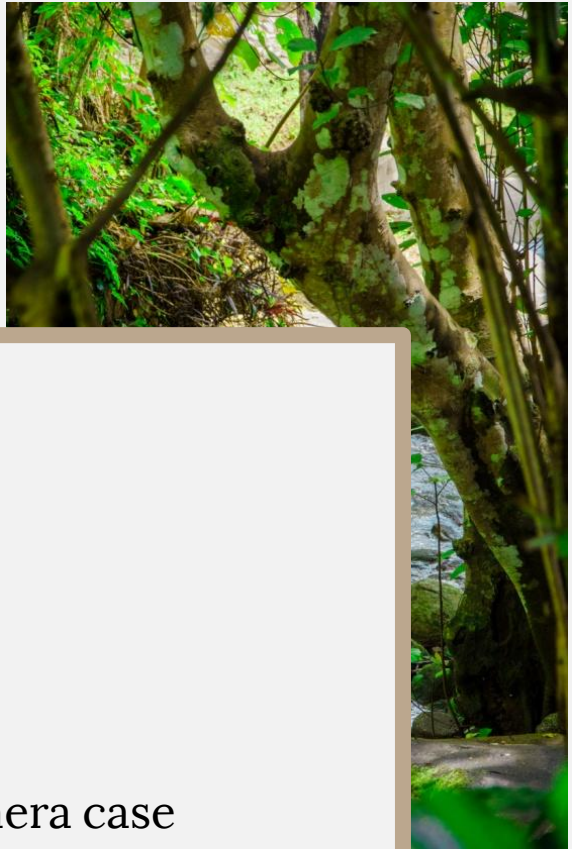


ENTERTAINMENT

- Books/magazines
- Floaties
- Beach ball
- Scuba/diving/surfing gear
- Games/playing cards

PHOTO-/ VIDEOGRAPHY

- DSLR
- Drone
- Action camera
- Protective lens
- UV lens
- Polarising lens
- Waterproof smartphone/camera case
- Tripod
- Microphone
- Charger + extra batteries
- 32G sim card
- Waterproof camera bag
- Lens cleaning set



MORE TIPS

www.travelonthebrain.net